

## Q&A

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### **What is Peer Coaching?**

Peer Coaching is an ICF Singapore member benefit, aimed at being a platform of safe learning and development for skilled and practicing\* coaches. It is a regular practice-group by experienced ICF member-coaches (min. 60 hours training) to share expertise, learn from others, get 'unstuck' in challenging coaching situations, and continually hone their skills by others skilled practitioners. It is different to buddy coaching which involves coaches coaching one another. Peer Coaching involves following a facilitated structured process whereby a case presenter presents a current or recent coaching case, and the Peer Coaches provide different perspectives through questioning, remarking, summarizing and empathizing... but not advising.

### **When and where is Peer Coaching held?**

Peer Coaching is held second or third Thursday of each month from 7pm to 9pm, 10 months a year. Exact dates are found on the ICF Singapore website Events Calendar at <http://www.icfsingapore.org/events.htm>. The Venue is at the Reiki Center, 42A Joo Chiat Place, Singapore 427766. Please make sure you RSVP to the Peer Coaching Chair, to confirm your attendance so that you receive additional information about the sessions.

### **What are the Attendance Prerequisites?**

The Peer Coaching event is a professional development event provided as a benefit for the ICF members, only. Those attending Peer Coaching must be practicing coaches\* and willing to: a) submit and present a real coaching case to the group, and b) act as process facilitator on a regular basis. New members of the group will be introduced to the peer coaching process and given guidance and assistance in how to facilitate the process. Specifically, participants of the Peer Coaching group will need to fulfill the following prerequisites:

- Be an ICF member
- Be a professionally practicing Coach, at least 50% of your time
- Have completed at least 60 hours of coach-training

### **How much does it cost?**

The investment for each Peer Coaching session is of SGD10/pax/session to cover the venue charges.

### **Whom to contact?**

Peer Coaching is organized monthly by the Peer Coaching Chair serving the ICF Singapore Chapter. Upon registration, confirmed participants will receive a Welcome Pack stating the process as well as the methodologies as a guidance to the sessions. Registration and inquiries should be directed to: [peercoaching@icfsingapore.org](mailto:peercoaching@icfsingapore.org)

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\* Skilled and Practicing Coaches have at least 60 hours coach training and are practicing coaching as profession.